

RELAX & REJUVENATE



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Couples and
Group
Treatments
Available

Facials

Botox Effect Facial | 60 minutes €100

This highly effective "wrinkle filling" treatment containing glycolic and hyaluronic acid, as well as avocado oil has a powerful firming action that minimizes the appearance of wrinkles and scars. Reduce the signs of ageing and general skin fatigue from within with this "non-botox" effect face treatment.

Glow To Go Facial | 60 minutes €100

This luxurious facial, containing 24 carat gold, vitamins A, C and E and magnesium, increases luminosity and gives your skin an immediate boost of vitality, leaving it glowing and ready for that special event or night out.

Oxygenating Facial | 60 minutes €100

A deep cleansing facial containing mint, algae and malic acid, this is suitable for all skin types. This treatment increases circulation by providing pure oxygen directly to the cells. Skin feels rejuvenated and purified.

Please contact

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Unwind, Relax, and Rejuvenate in the
Comfort of Your Zone

Packages



Facials | Massages | Holistic

CZ
COMFORT ZONE CONCEPTS

Dedicate a
moment of your
holiday to self-care
and wellbeing.



Massage Treatments



Restorative Massage
45 min €60 | 60 min €80 | 90 min €120

This is a blend of all my massage techniques, modified to suit your requirements. Improves circulation, flexibility and range of motion, restoring balance to the body.

Deep Tissue Massage
45 min €60 | 60 min €80 | 90 min €120

Deep pressure massage that relieves tension, tightness and inflammation held in the muscles, connective tissue and fascia. This massage specifically focuses on areas of discomfort.

Golfers Massage
45 min €60 | 60 minutes €80

Focusing specifically on the back, hamstrings, hip flexors, shoulders and wrists to improve flexibility and reduce injury.

Aromatherapy Massage
60 minute massage €80 | 90 minute €120

A medium pressure slow massage focusing on bringing balance to the body. Essential oils blended specifically for you, to improve your health and wellbeing.



Other Specialist Treatments

Intensive Remodeling Body Treatment | 90 minutes €120

This Advanced remodeling body treatment contains a high concentration of seaweed varieties. This treatment targets adipose tissue, promotes lymphatic drainage, increasing circulation, decreasing fluid retention and promotes overall wellbeing.

Teenage Facial | 45 minutes €60
Ages 10 to 16

This educational and beneficial treatment includes a gentle exfoliation, steam, extractions, massage and mask appropriate for skin condition.

Eye Package | 45 minutes €50

Eyelash tint, eyebrow tint and shape, Gold & Collagen eye mask.

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